

Understanding Bereavement



This workshop will help to explain the various different stages of grieving and different types of grief to enable you to help support bereaved people. This may appeal to those who deal with this in their place of work or in their families and those who have been bereaved. As a fruit of this training day some of you may be interested in starting a bereavement group in your parish.

Workshop on Saturday 13th October 2018

10.30am to 3.15pm

First Floor of St Columbkille's Parish Hall

**Email us at stcolumbkille@btconnect.com
if you are interested in attending**

If bereaved within the last 1-2 years this may not be suitable at this time



St Columbkille's, 2 Kirkwood Street, Rutherglen, G73 2SL